

Shiloh Arms Child Development Center

Daily Activities

CATERPILLARS

7:00 – 7:30	<u>Arrival</u> Greeting parents and children, Health Check, Hand washing, Socialization, Soothing Music, Book Area Writing Table, Arts and Crafts, Fine Motor Activity
7:30 – 8:50	<u>Breakfast (end @ 8:30 am)</u> Socialization, Dramatic Play, Blocks, Math/ Science Activities, Fine Motor Activities, Music and Movements, Informal Reading
8:50 – 9:00	<u>Clean-Up/ Transition</u>
9:00 – 10:00	<u>Group Time</u> Math, Reading and Literacy, Short Story, Science Activities/Project, Arts and Crafts, Tooth Brushing, Music and Movements, Finger play,
10:00- 11:00	<u>Outdoor Activities</u> Free Play, Gross Motor Play, Sensory and Manipulative Table Play,
11:00 -11:15	<u>Toileting, Hand washing</u>
11:15 – 11:45	Lunch, Social-Emotional Development,
11:45 – 12:45	<u>Outdoor Activities</u> Gross and Fine Motor Play, Informal Reading, Dramatic Play, Arts and Crafts, Sensory and Manipulative Play
12:45 – 1:00	<u>Toileting/ Nap Preparation</u>
1:00 - 3:00	<u>Nap Time</u>
3:00 – 3:15	Wake up Time, Toileting, Hand washing, Housekeeping
3:15 – 3:30	Snack, Socialization, Informal Reading
3:30 – 4:15	<u>Outdoor Activities/Free Play</u> Gross/Fine Motor Play, Sensory and Manipulative Play, Dramatic Play, Music and Movements, Arts and Crafts Project
4:15 – 5:15	<u>Indoor Activities/ Free Choice</u> Dramatic Area, Arts and Crafts, Writing Center, Gross and Fine Activities, Blocks, Puzzles, Science Project, Math Activity
5:15- 5:30	<u>Clean Up/ Quiet Time/Departure</u> Informal Reading, Manipulative Play, Free Hand Writing Activity, Fine Motor Table Activities

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Daily Activities

BUTTERFLIES

7:00 – 7:30	<u>Arrival</u> Greeting parents and children, health check, Hand washing, Socialization, Soothing Music, Writing Table, Gross Motor Activity, Fine Motor Activity, Informal Reading, Art/Free Hand Activity
7:30 – 8:50	<u>Breakfast (end @ 8:30)</u> Dramatic Play, Blocks/Gross Motor Activities, Math and Science Activities, Manipulative/Fine Motor Activities, Music and Movements
8:50 – 9:00	<u>Clean-Up/ Transition</u>
9:00 – 10:00	<u>Outside Play</u> Gross Motor Skills, Sensory Table, Manipulative and Fine Motor Skills, Arts and Crafts Activities, Dramatic Play
10:00- 11:00	<u>Circle Time</u> Reading/Short Story, Literacy, language Arts, Science and Math Activity, Arts and Crafts, Tooth Brushing, Music and Movements,
11:00 -11:45	<u>Outside Play</u> Gross Motor Skills, Sensory Table/Manipulative Activity
11:45 – 12:15	<u>Lunch</u> Social-Emotional Development, Nutrition
12:15 – 12:45	<u>Indoor/ Outdoor Play</u> Gross/Fine Motor Skills, Sensory Table, Manipulative Activity
12:45 – 1:00	<u>Toileting/ Nap Preparation</u>
1:00 - 3:00	<u>Nap Time</u> Soothing Music, Books, Rub Backs
3:00 – 3:15	<u>Wake up</u> Toileting, Hand washing, Transition
3:15 – 3:30	<u>Snack</u> Nutrition, Socialization
3:30 – 4:15	<u>Outside Play</u> Gross/Fine Motor Skills, Sensory Table, Dramatic Area, Music and Movements
4:15 – 5:15	<u>Indoor Activities/ Free Choice</u> Housekeeping Area, Arts and Crafts, Free hand writing, Arts and Crafts, Gross and Fine Activities, Informal Reading
5:15- 5:30	<u>Clean Up/ Quiet Time/Departure</u> Informal Reading, Manipulative Play, Free Hand Writing, Fine Motor Table Activities.